

Curriculum Vitae

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Personal information

First name(s) / Surname(s)

Giuseppe Maina

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Nationality

Italian

Current and past positions

apr. 2018

Full Professor of Psychiatry and Director of the Psychiatric Unit,
University Hospital San Luigi Gonzaga – Medical School of the University
of Turin

nov. 2013-

Director of the Psychiatric Unit, University Hospital San Luigi Gonzaga,
Orbassano - Medical School of the University of Turin

2012-2013

National Scientific Qualification for Full Professor of Psychiatry

nov 2011-

Associate Professor of Psychiatry, Department of Neuroscience, University
of Turin

mar 2011-

Researcher of Psychiatry, Department of Neuroscience, University
of Turin

jan 1999-

Head of the Anxiety and Mood Disorders Unit of the San Giovanni
Battista Hospital, Turin, Italy

oct 1990-

Assistant of Psychiatry, Psychiatry Unit of the San Giovanni Battista
Hospital, Turin, Italy

Education

2018-

Managerial Training Course for the function of director in the health
system (Regione Piemonte)

1989-

Specialized in Psychiatry with honours (70/70 cum laude).

nov 1985-

Graduated (summa cum laude) in Medicine and Surgery at the
University of Turin, Italy, on 11.12.1985.

Visiting

- 2006 Department of Psychiatry, University-Pittsburgh Med Center (US)-
Prof. Kupfer David J MD
- 2002 International Mood Center, University of San Diego, California (US)-
Prof. Hagop Akiskal
- 1992 Health Care Department of Old Age, University of Nottingham (UK)
Prof. Tom Arie

Main research interests

Clinical Psychiatry and Clinical Psychopharmacology

Bipolar Disorders

Obsessive-Compulsive Disorder

Brief Dynamic Psychotherapy

Scientific Societies

Steering Committee Member of the Italian Society of Neuropsychopharmacology (SINPF)

President of the Italian Chapter of the International Society for Bipolar Disorders (ISBD)

Editorial activity

Member of the International Editorial Board of the Journal of Psychopathology

Member of the Scientific Committee of Minerva Psichiatrica

Member of the Editorial Board of *Current Pharmaceutical Design*

Guest reviewer for Journal of Clinical Psychiatry, Psychotherapy and Psychosomatics, Bipolar Disorders, Biological Psychiatry, Journal of Affective Disorders, Psychiatry Research, Comprehensive Psychiatry.

Editorial activity (selection of Journal articles)

1. Rosso G, Teobaldi E, **Maina G**. Inhaled Loxapine as an Option for Psychomotor Agitation in Complex Patients. *J Clin Psychopharmacol*. 2020 Nov/Dec;40(6):645-647.
2. Oliva F, di Girolamo G, Malandrone F, Iaia N, Biasi F, **Maina G**. Early childhood infections, antistreptococcal and basal ganglia antibodies in adult ADHD: a preliminary study. *BMC Psychiatry*. 2020 Nov 18;20(1):542.
3. Rosso G, Aragno E, Mehanović E, Di Salvo G, **Maina G**. Age at Menarche in Women With Bipolar Disorder: Correlation With Clinical Features and Peripartum Episodes. *Front Psychiatry*. 2020 Sep 4;11:00851.
4. Pellegrini L, Maietti E, Rucci P, Casadei G, **Maina G**, Fineberg NA, Albert U. Suicide attempts and suicidal ideation in patients with obsessive-compulsive disorder: A systematic review and meta-analysis. *J Affect Disord*. 2020 Nov 1;276:1001-1021.
5. Driessen E, Dekker JJM, Peen J, Van HL, **Maina G**, Rosso G, Rigardetto S, Cuniberti F, Vitriol VG, Florenzano RU, Andreoli A, Burnand Y, López-Rodríguez J, Villamil-Salcedo V, Twisk JWR, Cuijpers P. The efficacy of adding short-term psychodynamic psychotherapy to antidepressants in the treatment of depression: A systematic review and meta-analysis of individual participant data. *Clin Psychol Rev*. 2020 Aug;80:101886.
6. Rosso G, Teobaldi E, **Maina G**. Did COVID-19 early lockdown actually lead to a higher rate of relapses in psychiatric patients? *Psychiatry Res*. 2020 Sep;291:113204.
7. Maccariello G, Barbuti M, Vannucchi G, De Bartolomeis A, Fagiolini A, **Maina G**, Perugi G. Predictors of Depressive Switch in Patients With Bipolar I Disorder Who Initiated or Changed Pharmacologic Treatment for Mania or Mixed-Mania: A Prospective Observational Study. *J Clin Psychiatry*. 2020 Jun 2;81(4):19m12896.

8. Garcia-Portilla MP, Llorca PM, **Maina G**, Bozikas VP, Devrimci-Ozguven H, Kim SW, Bergmans P, Usankova I, Pungor K. Symptomatic and functional outcomes after treatment with paliperidone palmitate 3-month formulation for 52 weeks in patients with clinically stable schizophrenia. *Ther Adv Psychopharmacol*. 2020 May 25;10:2045125320926347.
9. Di Salvo G, Pessina E, Aragno E, Martini A, Albert U, **Maina G**, Rosso G. Impact of comorbid obsessive-compulsive disorder on suicidality in patients with bipolar disorder. *Psychiatry Res*. 2020 Aug;290:113088.
10. Salvi V, Di Salvo G, Korčáková J, Torriero S, Aragno E, Kolenič M, Ungrmanová M, **Maina G**, Mencacci C, Hajek T. Insulin resistance is associated with verbal memory impairment in bipolar disorders. *J Affect Disord*. 2020 Apr 1;266:610-614.
11. Rosso G, Albert U, Bramante S, Aragno E, Quarato F, Di Salvo G, **Maina G**. Correlates of violent suicide attempts in patients with bipolar disorder. *Compr Psychiatry*. 2020 Jan;96:152136.
12. Aguglia A, Belvederi Murri M, Conigliaro C, Cipriani N, Vaggi M, Di Salvo G, **Maina G**, Cavone V, Aguglia E, Serafini G, Amore M. Workplace Violence and Burnout Among Mental Health Workers. *Psychiatr Serv*. 2020 Mar 1;71(3):284-288.
13. Aguglia A, Serafini G, Escelsior A, Amore M, **Maina G**. What is the role of meteorological variables on involuntary admission in psychiatric ward? An Italian cross-sectional study. *Environ Res*. 2020 Jan;180:108800.
14. Cuomo A, Aguglia A, Aguglia E, Bolognesi S, Goracci A, **Maina G**, Mineo L, Rucci P, Sillari S, Fagiolini A. Mood spectrum symptoms during a major depressive episode: Differences between 145 patients with bipolar disorder and 155 patients with major depressive disorder. Arguments for a dimensional approach. *Bipolar Disord*. 2020 Jun;22(4):385-391.

15. Anmella G, Pacchiarotti I, Cubala WJ, Dudek D, **Maina G**, Thomas P, Vieta E. Expert advice on the management of valproate in women with bipolar disorder at childbearing age. *Eur Neuropsychopharmacol*. 2019 Nov;29(11):1199-1212.
16. Buoli M, Cesana BM, **Maina G**, Conca A, Fagiolini A, Steardo L Jr, Altamura AC, Dell'Osso B; ISBD Italian Chapter Epidemiologic Group. Correlates of current rapid-cycling bipolar disorder: Results from the Italian multicentric RENDiBi study. *Eur Psychiatry*. 2019 Oct;62:82-89.
17. Amerio A, **Maina G**, Ghaemi SN. Updates in treating comorbid bipolar disorder and obsessive-compulsive disorder: A systematic review. *J Affect Disord*. 2019 Sep 1;256:433-440.
18. Pietrini F, Albert U, Ballerini A, Calò P, **Maina G**, Pinna F, Vaggi M, Boggian I, Fontana M, Moro C, Carpinello B. The modern perspective for long-acting injectables antipsychotics in the patient-centered care of schizophrenia. *Neuropsychiatr Dis Treat*. 2019 Apr 30;15:1045-1060.
19. Perugi G, De Rossi P, Fagiolini A, Girardi P, **Maina G**, Sani G, Serretti A. Personalized and precision medicine as informants for treatment management of bipolar disorder. *Int Clin Psychopharmacol*. 2019 Jul;34(4):189-205.
20. Rosso G, Aragno E, Cuomo A, Fagiolini A, Di Salvo G, **Maina G**. Five-year follow-up of first-episode depression treated with psychodynamic psychotherapy or antidepressants. *Psychiatry Res*. 2019 May;275:27-30.
21. Fineberg NA, Dell'Osso B, Albert U, **Maina G**, Geller D, Carmi L, Sireau N, Walitza S, Grassi G, Pallanti S, Hollander E, Brakoulias V, Menchon JM, Marazziti D, Ioannidis K, Apergis-Schoute A, Stein DJ, Cath DC, Veltman DJ, Van Ameringen M, Fontenelle LF, Shavitt RG, Costa D, Diniz JB, Zohar J. Early intervention for obsessive compulsive disorder: An expert consensus statement. *Eur Neuropsychopharmacol*. 2019 Apr;29(4):549-565.

22. Albert U, Barbaro F, Bramante S, Rosso G, De Ronchi D, **Maina G**. Duration of untreated illness and response to SRI treatment in Obsessive-Compulsive Disorder. *Eur Psychiatry*. 2019 May;58:19-26.
23. Altamura AC, Buoli M, Cesana BM, Fagiolini A, de Bartolomeis A, **Maina G**, Bellomo A, Dell'Osso B; ISBD Italian Chapter Epidemiological Group. Psychotic versus non-psychotic bipolar disorder: Socio-demographic and clinical profiles in an Italian nationwide study. *Aust N Z J Psychiatry*. 2019 Aug;53(8):772-781.
24. Oliva F, Carezana C, Nibbio G, Bramante S, Portigliatti Pomeri A, **Maina G**. Treatment of Comorbid Adult Attention-deficit/Hyperactivity Disorder and Generalized Anxiety Disorder: 2 Case Reports. *J Psychiatr Pract*. 2018 Jul;24(4):292-298.
25. Cuomo A, **Maina G**, Rosso G, Beccarini Crescenzi B, Bolognesi S, Di Muro A, Giordano N, Goracci A, Neal SM, Nitti M, Pieraccini F, Fagiolini A. The Microbiome: A New Target for Research and Treatment of Schizophrenia and its Resistant Presentations? A Systematic Literature Search and Review. *Front Pharmacol*. 2018 Oct 15;9:1040.
26. Albert U, Tomassi S, **Maina G**, Tosato S. Prevalence of non-psychotic disorders in ultra-high risk individuals and transition to psychosis: A systematic review. *Psychiatry Res*. 2018 Dec;270:1-12.
27. Albert U, De Ronchi D, **Maina G**, Pompili M. Suicide Risk in Obsessive-Compulsive Disorder and Exploration of Risk Factors: A Systematic Review. *Curr Neuropsychol*. 2019;17(8):681-696.
28. Oliva F, Mangiapane C, Nibbio G, Portigliatti Pomeri A, **Maina G**. MCMI-III Personality Disorders, Traits, and Profiles in Adult ADHD Outpatients. *J Atten Disord*. 2020 Apr;24(6):830-839.
29. Aguglia A, Signorelli MS, Albert U, **Maina G**. The Impact of General Medical Conditions in Obsessive-Compulsive Disorder. *Psychiatry Investig*. 2018 Mar;15(3):246-253.

30. Perugi G, Vannucchi G, Barbuti M, Maccariello G, De Bartolomeis A, Fagiolini A, **Maina G**. Outcome and predictors of remission in bipolar-I patients experiencing manic episode and treated with oral antipsychotics and/or mood stabilizers: a prospective observational study in Italy. *Int Clin Psychopharmacol*. 2018 May;33(3):131-139.
31. Perugi G, Cesari D, Vannucchi G, Maccariello G, Barbuti M, De Bartolomeis A, Fagiolini A, **Maina G**. The impact of affective temperaments on clinical and functional outcome of Bipolar I patients that initiated or changed pharmacological treatment for mania. *Psychiatry Res*. 2018 Jan 19;261:473-480.
32. Albert U, Marazziti D, Di Salvo G, Solia F, Rosso G, **Maina G**. A systematic review of evidence-based treatment strategies for obsessive-compulsive disorder resistant to first-line pharmacotherapy. . *Curr Med Chem*. 2018;25(41):5647-5661.
33. Aguglia A, Borsotti A, Cuniberti F, Serafini G, Amore M, **Maina G**. The influence of sunlight exposure on hospitalization in emergency psychiatry. *Chronobiol Int*. 2017;34(10):1413-1422.
34. Albert U, Salvo GD, Solia F, Rosso G, **Maina G**. Combining drug and psychological treatments for Obsessive-Compulsive Disorder: what is the evidence, when and for whom. *Curr Med Chem*. Epub 2017 Jul 12.
35. Aguglia A, Di Stefano A, **Maina G**. A 10-year evaluation on adolescents with anxiety disorders: are they at risk of bipolarity? *Int J Psychiatry Clin Pract*. 2017 Jun;21(2):125-130.
36. Rosso G, Solia F, Albert U, **Maina G**. Affective Recurrences in Bipolar Disorder After Switching From Lithium to Valproate or Vice Versa: A Series of 57 Cases. *J Clin Psychopharmacol*. 2017 Apr;37(2):278-281.
37. Milanesi E, Zanardini R, Rosso G, **Maina G**, Barbon A, Mora C, Minelli A, Gennarelli M, Bocchio-Chiavetto L. Insulin-like Growth Factor Binding Protein 2 in bipolar disorder: an expression study in peripheral tissues. *World J Biol Psychiatry*. 2017 Jan;16:1-23.

38. Aguglia A, Moncalvo M, Solia F, **Maina G**. Involuntary admissions in Italy: the impact of seasonality. *Int J Psychiatry Clin Pract*. 2016 Nov;20(4):232-8.
39. Manchia M, **Maina G**, Carpiniello B. Clinical correlates of age at onset distribution in bipolar disorder: a comparison between diagnostic subgroups. *European Neuropsychopharmacology*. 2016 Oct;26(2):S431-431.
40. Maffioletti E, Cattaneo A, Rosso G, **Maina G**, Maj C, Gennarelli M, Tardito D, Bocchio-Chiavetto L. Peripheral whole blood microRNA alterations in major depression and bipolar disorder. *J Affect Disord*. 2016 Aug;200:250-8.
41. Altamura A, **Maina G**, Fagiolini A. National epidemiological survey on bipolar disorderc (RENDIBI): preliminary data. *Bipolar Disorders*. 2016 Jul;18(S1): 86-89.
42. Rosso G, Pessina E, Martini A, Di Salvo G, **Maina G**. Paliperidone Palmitate and Metabolic Syndrome in Patients With Schizophrenia: A 12-Month Observational Prospective Cohort Study. *J Clin Psychopharmacol*. 2016 Jun;36(3):206-12.
43. Rosso G, Albert U, Di Salvo G, Scatà M, Todros T, **Maina G**. Lithium prophylaxis during pregnancy and the postpartum period in women with lithium-responsive bipolar I disorder. *Arch Womens Ment Health*. 2016 Apr;19(2):429-32.
44. Salvi V, Barone-Adesi F, D'Ambrosio V, Albert U, **Maina G**. High H1-affinity antidepressants and risk of metabolic syndrome in bipolar disorder. *Psychopharmacology (Berl)*. 2016 Jan;233(1):49-56.
45. Albert U, Manchia M, Tortorella A, Volpe U, Rosso G, Carpiniello B, **Maina G**. Admixture analysis of age at symptom onset and age at disorder onset in a large sample of patients with obsessive-compulsive disorder. *J Affect Disord*. 2015 Nov 15;187:188-96.

46. Maffioletti E, Congiu C, Bonvicini C, **Maina G**. Study of microRNA-related single-nucleotide polymorphisms in major depression. *European Neuropsychopharmacology*. 2015 Sep;25(S2):S381-S381.
47. Rosso G, Cattaneo A, Zanardini R, Gennarelli M, **Maina G**, Bocchio-Chiavetto L. Glucose metabolism alterations in patients with bipolar disorder. *J Affect Disord*. 2015 Sep 15;184:293-8.
48. Fagiolini A, Coluccia A, **Maina G**, Forgione RN, Goracci A, Cuomo A, Young AH. Diagnosis, Epidemiology and Management of Mixed States in Bipolar Disorder. *CNS Drugs*. 2015 Sep;29(9):725-40.
49. Albert U, De Cori D, Aguglia A, Barbaro F, Lanfranco F, Bogetto F, **Maina G**. Effects of maintenance lithium treatment on serum parathyroid hormone and calcium levels: a retrospective longitudinal naturalistic study. *Neuropsychiatr Dis Treat*. 2015 Jul 20;11:1785-91.
50. Albert U, **Maina G**, Aguglia A, Vitalucci A, Bogetto F, Fronda C, Ducati A, Lanotte M. Vagus nerve stimulation for treatment-resistant mood disorders: a long-term naturalistic study. *BMC Psychiatry*. 2015 Mar;15 Article number:64.
51. Albert U, De Cori D, Aguglia A, Barbaro F, Bogetto F, **Maina G**. Increased uric acid levels in bipolar disorder subjects during different phases of illness. *J Affect Disord*. 2015 Mar;173:170-175.
52. **Maina G**, Rosso G, Aguglia A, Bogetto F. Recurrence rates of bipolar disorder during the postpartum period: a study on 276 medication-free Italian women. *Arch Womens Ment Health*. 2014 Oct;17(5):367-72.
53. Maffioletti E, Cattaneo A, Zanardini R, **Maina G**. Common and specific blood microRNA alterations in unipolar and bipolar depression. *European Neuropsychopharmacology*. 2014 Oct;24(S2):S374-S375.

54. Albert U, De Cori D, Aguglia A, Barbaro F, Lanfranco F, Bogetto F, **Maina G**. Lithium-associated hyperparathyroidism and hypercalcaemia: a case-control cross-sectional study. J Affect Disord. 2013 Nov;151(2):786-90.
55. **Maina G**, Bechon E, Rigardetto S, Salvi V. General medical conditions are associated with delay to treatment in patients with bipolar disorder. Psychosomatics. 2013 Sep-Oct;54(5):437-42.
56. Rosso G, Martini B, **Maina G**. Brief dynamic therapy and depression severity: a single-blind, randomized study. J Affect Disord. 2013 May;147(1-3):101-6.
57. Albert U, Aguglia A, Chiarle A, Bogetto F, **Maina G**. Metabolic syndrome and obsessive-compulsive disorder: a naturalistic Italian study. Gen Hosp Psychiatry. 2013 Mar-Apr;35(2):154-9.
58. Albert U, Aguglia A, Bogetto F, Cieri L, Daniele M, **Maina G**, Necci R, Parena A, Salvati L, Tundo A. Effectiveness of cognitive-behavioral therapy addition to pharmacotherapy in resistant obsessive-compulsive disorder: A multicenter study, 2012. Psychotherapy and Psychosomatics;81(6):383-385.

Torino 16/11/2020

Autorizzo la pubblicazione ed il trattamento dei dati presenti nel CV in merito alla normativa vigente.

Prof. Giuseppe Maina

